Optum

State Hospital Referral Requirements

1. SF/LTC Referral Form requesting State Hospital.
2. Client has been denied by all in county MHRC/STPs.
3. Referring Facility Face Sheet.
4. Proof of current Medi-Cal coverage (an Automated Eligibility Verification System [AEVS] strip from the hospital business office) for San Diego County.
5. Proof of current SSI and “Notice to Representative Payee” signed by payee.
6. Most recent Court Investigation Report for San Diego County LPS Conservatorship and current Letters and Orders for State Hospital.
7. Complete Psychiatric Assessment from current hospitalization including psychiatric history, substance abuse history and history of self-destructive or assaultive behavior. If individual has been hospitalized for more than thirty days, this information must be updated with course of treatment and current acuity.
8. Mini-Cog exam completed within seven days of referral for SF/LTC.
9. Physical and Medical History from current stay. If individual has been hospitalized for more than thirty days, this information must be updated with course of treatment and current acuity.
10. Nursing Assessment from current stay.
11. Social Work Assessment and Notes from current stay.
12. One week of progress notes including nursing, group, and psychiatrist.
13. Medications including Medication Administration Record showing medication compliance and information on medication changes.
14. Lab reports from current stay.
15. Results of purified protein derivative (PPD) (tuberculosis [TB] test) or chest x-ray (This is required for admission, not necessary for referral).
16. Written recommendation for State Hospital from the assigned Case Management program funded by the County of San Diego.

Referrals are made when a client is receiving acute care treatment while in the Behavioral Health Unit (BHU) of an LPS hospital or a County Funded LTC placement.